

Letter to the editors

Methotrexate sensitivity in Down's syndrome: a hypothesis

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Sir,

Patients with Down's syndrome have an increased risk of developing leukemia [15]. The antifolate drug methotrexate (MTX) has proved to be efficient in the management of acute lymphoblastic leukemia. However, patients with Down's syndrome have a decreased tolerance to MTX and often develop severe symptoms of bone marrow and gastrointestinal toxicity [10, 18].

Proposed mechanisms. The mechanism behind the increased toxic effects of MTX in Down's syndrome has not been established; both pharmacokinetic and pharmacodynamic factors have been considered. Higher serum MTX levels and a moderate reduction in clearance have been observed in these patients compared with controls [10], whereas pharmacokinetic differences have been contested by others investigators [18]. These patients have normal serum folate but reduced erythrocyte folate, suggesting decreased body folate stores [11]. This has been explained by increased consumption of reduced folates due to an increased level of folate-dependent enzymes involved in purine synthesis [18]. The increased enzyme activities have been proposed because three such enzymes have recently been assigned to chromosome 21 and have an increased (150%) gene dosage in patients with Down's syndrome [12, 17]. The possibility of increased consumption of reduced folates in purine synthesis is conjectural and not supported by laboratory data.

MTX, folates and homocysteine. MTX is an antifolate drug that inhibits the enzyme dihydrofolate reductase, thereby blocking the regeneration of tetrahydrofolate (THF) from dihydrofolate. Intracellular MTX is a substrate for the polyglutamate synthase and is converted to MTX polyglutamates [MTX(Glu)_n], with up to five glutamyl residues. These anabolites retain MTX within the intracellular compartment but also prevent its degradation and prolong the duration of action. Furthermore, MTX(Glu)_n seem to be more potent inhibitors of dihydrofolate reductase than is the parent drug [14]. Thus, conditions that enhance

polyglutamation may increase cytotoxicity and reduce drug elimination.

Homocysteine is linked to folate metabolism through the methionine synthase reaction, in which 5-methyl-THF is converted to THF by donating its methyl group to homocysteine. This is the only way in which 5-methyl-THF may enter the pool of intracellular reduced folates. The methionine synthase reaction also serves as a salvage pathway where homocysteine is converted to methionine [2, 16].

Under normal conditions, 5-methyl-THF represents a major part of the reduced folates and seems to function both as an intracellular reservoir and as a buffer between the fluctuating extracellular folate level and the intracellular pools of reduced folates necessary for DNA synthesis [4]. MTX reduces the intracellular pools of reduced folates, among which 5-methyl-THF is most efficiently depleted [1, 3]. Observations that MTX increases homocysteine egress from cultured cells [24] and plasma homocysteine levels in patients [19, 20] suggest a reduction of 5-methyl-THF below the level required for homocysteine salvage and support the MTX-homocysteine relationship.

Low levels of intracellular reduced folates have been reported to increase MTX cytotoxicity in cultured cells [4]. Inhibition of the methionine synthase reaction may conceivably enhance MTX cytotoxicity by trapping reduced folates such as 5-methyl-THF. The antifolate effect of methionine as an end-product inhibitor of the methionine synthase reaction was recognized in 1975 [8]. Notably, inhibition of this reaction (with nitrous oxide) has recently been shown to enhance the *in vivo* cytotoxicity of MTX in the rat [13]. Depletion of intracellular homocysteine may have a similar effect. This mechanism is analogous to the methyl-trap hypothesis proposed for cobalamin deficiency [7]. The possibility that altered methionine synthase activity may change the distribution between 5-methyl-THF and other reduced folates, thereby affecting MTX polyglutamation, is strongly supported by the recent observation that excess methionine decreased 5-methyl-THF at the expense of other reduced folates and inhibited MTX polyglutamation in hepatocytes in culture [21].

Hypothesis. A unifying hypothesis of the decreased tolerance to MTX in Down's syndrome is based on increased gene dosage of another enzyme residing on chromosome 21, namely, cystathionine β-synthase. The activity of cystathionine β-synthase is increased (166%) in

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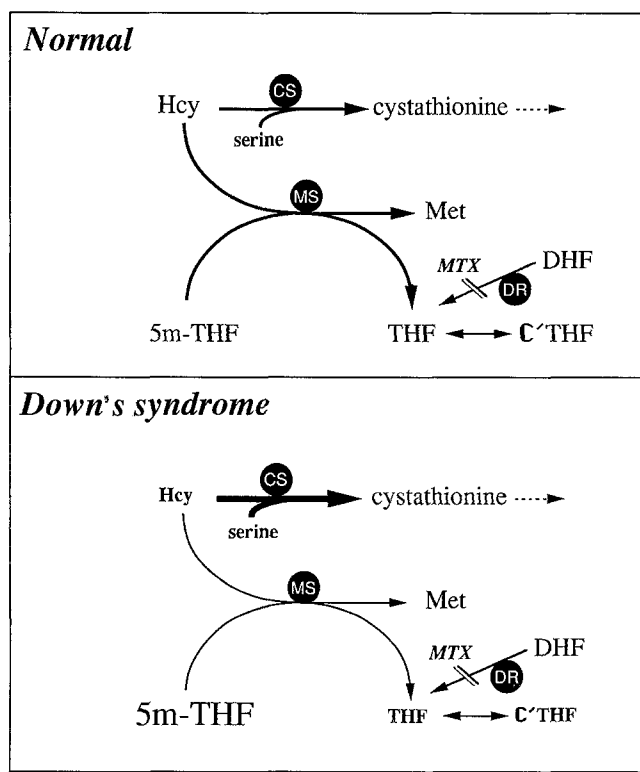


Fig. 1. Alterations in metabolic flux through homocysteine-consuming pathways and resulting changes in folate pool sizes in Down's syndrome. CS, cystathionine β -synthase; DHF, dihydrofolate; DR, dihydrofolate reductase; Hcy, homocysteine; Met, methionine; 5m-THF, 5-methyl-THF; MS, methionine synthase (5-methyl-THF-homocysteine methyltransferase); MTX, methotrexate; THF, tetrahydrofolate

these patients [5]. This enzyme catalyzes a rate-limiting step in the catabolism of homocysteine [5]. Evidence suggesting that cystathionine β -synthase is overactive in vivo in Down's syndrome has, in fact, recently been provided by Chadeaux and co-workers [6], showing that plasma homocysteine is significantly reduced in these patients. Lack of homocysteine may retard the methionine synthase reaction that is essential for the conversion of 5-methyl-THF to THF [7]. Decreased flux through this pathway traps reduced folates such as 5-methyl-THF, the predominant species in serum [23]. This is in accordance with normal serum folate and reduced erythrocyte folates in Down's syndrome [11]. 5-Methyl-THF is a poor substrate for polyglutamate synthase, whereas most other reduced folates are efficiently polyglutamated [9, 22] and may, as substrates inhibit MTX polyglutamate formation. Conversely, low levels of these species may enhance MTX polyglutamation, thereby prolonging the duration of action of MTX [14]. Possible alterations in metabolic flux through homocysteine-consuming pathways and the resulting changes in folate pool sizes in Down's syndrome are depicted in Fig. 1.

Conclusion and perspectives. The hypothesis described above encompasses the existing knowledge on folates and MTX in Down's syndrome. The proposed metabolic defect, i. e. homocysteine depletion, would conceivably enhance the folate depletion caused by increased purine and

pyrimidine synthesis, as previously suggested by others [18]. Homocysteine depletion has, in fact, recently been verified in vivo by demonstration of reduced plasma homocysteine in these patients [6]. In addition, this model has some potentially important implications that warrant investigation. First, determination of plasma homocysteine values before or during MTX administration may identify those at increased risk of developing severe toxicity; second, homocysteine administration may reduce MTX toxicity.

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